

Med School Prep Guide

Year One:

Meet with one of the pre-med faculty advisers and CLBR advisor to help you create your medical school preparation strategy. This long-term process requires early planning.

Subscribe to and join the Pre-Health Club mailing list to keep informed about campus programs and related off-campus opportunities.

<https://groups.google.com/a/groups.reed.edu/g/pre-med-health> (Must be logged in with Reed email to join)

Familiar yourself with key resources: visit career services, and the med school & health careers web site: <https://www.reed.edu/beyond-reed/graduate-school/medical-school.html>

- Establish ongoing volunteer work & physician shadowing for exposure to the field of medicine and to give back to the community.
- If you are a non-science major, make a plan with your pre-health advisor to take pre requisite courses during your time at Reed.
- If you are a science major, plan to take all prerequisites at Reed.

Maintain close contact with your academic adviser for an honest appraisal of your academic performance and options.

Year Two:

Update your medical school prep in a meeting with your pre-med Faculty and CLBR advisers.

Establish a position in medical research and/or research at Reed during the school year and summer.

Attend health care careers information sessions and pre-health club meetings offered throughout the academic year.

Continue -- and expand -- your med school community service activities.

Arrange for a substantive medical experience during summer break.

Maintain close contact with your academic adviser for an honest appraisal of your academic performance and options.

Take an MCAT preparatory course during the summer to prepare to take MCAT during winter or spring of your junior year.

If you plan on taking a gap year or more, plan to prepare for the MCAT 2 years prior to your intended medical school start semester (ex: if you plan on starting med school in Fall 2028, start preparing for the MCAT in Fall 2026). Please note, an MCAT score is valid for 3 years.

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